

ARE YOU A MOTHER OF A CHILD BETWEEN THE AGES OF 3-7 YEARS OLD?

You can receive up to \$140 for your participation
in a mental health research study

We are looking for mothers who:

- Live in Manitoba
- Have not experienced mental health challenges during pregnancy or after birth
- Have a 3-7 year-old child without attention or behaviour problems

Take the eligibility screener here:
tinyurl.com/BRIDGE2026



What will you have to do?

- You will answer questions about your mental health and parenting stress (45 minutes) on three occasions
- Your child will complete tasks related to reading and self-regulation (2 hours) on three occasions

Your data will be included
in our control group as a healthy
comparison to help us understand how
online group therapy can support mental
health for families with 3-7 year olds
facing challenges with attention and
behaviour problems

Enhancing Preschool and Young Children's Attention and Behaviour: Parent-Focused Program

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